



# Announcement



## Australian Open Short Track Championships

7:00 am to 12:30 pm  
3:30 pm to 7:30 pm Friday 30th Sept  
7:30 am to 1:30 pm Saturday 1st Oct

# 2016

Canterbury Olympic Ice Rink  
17A Phillips Ave, Canterbury

Principal Sponsor



Australian Government  
Australian Sports Commission



AUSTRALIAN ICE RACING

**Registration closes on  
Friday 2<sup>nd</sup> September 2016 at 5.00pm**

Click the link to register - [Individual entry](#), [Relay entry](#)

## CONTACT

All queries should be addressed to the Event Coordinator: Sean O'Brien  
Email: [president@iceracingsw.org.au](mailto:president@iceracingsw.org.au)  
Mobile: 0419 929 816

## ACCOMMODATION

Listed below are motels/hotels in the Canterbury vicinity. Accommodation will need to be booked early.

### **Travelodge Bankstown**

<https://www.bankstownsports.com/accommodation>

Address: 8 Greenfield Parade, Bankstown, NSW, 2200

T: + 61 2 9793 0000 | F: + 61 2 9793 2439

Travelodge is offering reduced flat rate of \$149 per room per night for our event. This rate is valid from Monday 26th September through to Sunday 2nd October. For an additional \$20 per room per night, they also have executive rooms (top 2 floors).

Booking to be made by phone and quote Ms. Erin O'Donnell's name if any questions.

### **Comfort Inn & Suites Burwood Sydney**

[www.comfortburwood.com.au](http://www.comfortburwood.com.au)

117 Liverpool Road, Burwood, Sydney

T: +61 2 9744 0521

### **BreakFree Bankstown International**

[www.breakfree.com.au](http://www.breakfree.com.au)

477 Chapel Road, Bankstown

T: + 61 2 9790 4700

### **Town & Country Motel**

[www.townandcountry.com.au](http://www.townandcountry.com.au)

401-405 Liverpool Road, Strathfield South

T: + 61 2 9642 0444

## ENTRIES

Only electronic entries and credit card (Visa and Mastercard) payments will be accepted.

Online entries for the competition will be available on the AIR website from 7<sup>th</sup> Aug 2016 to 2<sup>nd</sup> Sept 2016.

[Click here](#) for individual entry

[Click here](#) for relay entry

A late fee of \$50 will be charged for entries submitted between 3<sup>rd</sup> Sept and 9<sup>th</sup> Sept. No entries will be accepted after 9<sup>th</sup> Sept.

Entries without best time for 500m will be drawn at the Competitor Steward's discretion.

## RINK

The competition will be held at:      Canterbury Olympic Ice Rink  
Phillips Ave  
Canterbury NSW 2193

## GENERAL INFORMATION

**COMPETITION REGULATIONS** – The competition will be conducted under current ISU and AIR competition rules, where applicable and where appropriate.

**COMPETITOR REGISTRATION** - Competitors must register at the competition desk before the first session; they may register at the training session or at a time or date as set by the Organising Committee.

For International competitors, the following will apply:

- Must provide evidence of clearance from their National Federation.
- Must have their own travel and medical insurance which provide cover for participation in ice speed skating training and competition.
- Australian Ice Racing Inc. will assume no liability of injuries during training and competition of the event.

### **ID and EQUIPMENT**

- AIR helmet covers must be worn during races. Helmet covers will be issued by your State Association.
- All international skaters will be issued a helmet cover. A deposit of \$20 is required to be paid in cash when registering at the competition registration desk. The deposit will be fully refunded when helmet covers are returned at the completion of the competition.
- Australian Ice Racing Inc reserves the right to inspect competitor's equipment before and during the competition.
- Skaters must have, and use, all safety equipment: shin, knee and neck guards, ISU-compliant helmet, and gloves, in training as well as in competition.
- As approved by state members in the General Meeting held on 25<sup>th</sup> August 2012, the following will apply from 1<sup>st</sup> July 2013. All skating members of affiliated clubs and state associations of AIR Inc, who have reached the age qualification of Junior age, and above, and any Sub Junior skating members of affiliated clubs and state associations of AIR Inc who wish to skate in the Junior division of any AIR sanctioned events must wear a cut Resistant Racing Suit as defined by ISU regulation to protect the body as suggested in ISU Communication No. 1265 and meet the criteria EN388 Level 2 of the ISU regulations or Cut Resistant under garment. AIR Inc highly recommends that all

other skaters to wear either a Cut Resistant Racing Suit or Cut Resistant under garments in all AIR sanctioned events.

**COACHES & ATHLETES BRIEFING** – The Referee may give a briefing on rules at a date and time to be set by the Organising committee. Coaches, State or Country managers, and athlete's representatives are encouraged to attend.

## ANTI-DOPING

Australian Ice Racing Inc and its affiliates have adopted the AIR Anti-Doping Policy. Competitors at this competition may be subject to testing.

It is the responsibility of all skaters to be familiar with the policy and ensure they achieve compliance.

This is particularly so for athletes using anti-asthma medications. Athletes who are using such substances should check with the Drugs in Sport Hot Line **1 300 027 232**. **Please read the ASADA Fact Sheet in relation to use of a prohibited substance. The Fact Sheets are available on the AIR website or the ASADA website.**

All competitors must make themselves aware of the content of any ISU Communication on Drug testing use in short track speed skating. Copies will be available from state secretaries or at AIR [www.australianiceracing.org](http://www.australianiceracing.org) or ISU [www.isu.org](http://www.isu.org) or ASDA [www.asada.gov.au](http://www.asada.gov.au).

## POLICIES AND CODE OF CONDUCT

**CODE OF CONDUCT** – The following Australian Ice Racing Inc's code of conduct will apply. Breach of such conduct may result in being removed from the event.

- Athlete's code of conduct
- Coach's code of conduct
- Spectator's code of conduct
- Official's code of conduct
- Parent/Guardian code of conduct
- Administrator/Volunteer code of conduct

**POLICIES** – Australian Ice Racing Inc's policies, including but not limited to the following, will apply and it is the competitors' responsibility to familiarise such policies on AIR Inc's website: [www.australianiceracing.org](http://www.australianiceracing.org)

- Social Media policy
- Member Protection policy
- Anti-doping policy

## DIVISIONS & DISTANCES

The competitor's division is based on age as at 1<sup>st</sup> July 2016

### Age Divisions for Ladies and Men:

- Nipper                    under 9                    Must be under 9 by 1 July 2016
- Midget                    9 – 11                    Must be 9 and under 12 by 1 July 2016
- Sub-Junior              12 – 14                   Must be 12 and under 15 by 1 July 2016
- Junior                    15 – 16                   Must be 15 and under 17 by 1 July 2016
- Senior                    17 – 30                   Must have reached 17 by 1 July 2016
- Masters Divisions and Distances:
  - Age as at 1 July in the year of the competition:
  - 30 to 34 years
  - 35 to 39 years
  - 40 to 44 years
  - 45 to 49 years
  - 50 to 54 years
  - 55 to 59 years
  - And each 5-year division after 60 years
- Athletes With Disabilities

### Distances for Ladies and Men:

- Nipper                    111m, 222m, 333m, 500m
- Midget                    222m, 333m, 500m, 777m
- Sub-Junior              333m, 500m, 777m, 1000m
- Junior                    500m, 777m, 1000m, 1500m
- Senior                    500m, 1000m, 1500m, 3000m
- Masters                   500m, 1000m, 1500m, 3000m
- Athlete With Disability 222m, 333m, 500m

### Relay Divisions and Distances:

Open	Senior Ladies	Master Men	Master Ladies	Junior	Sub-Junior	Midget*
Heats 3000m Final 5000m	3000m	3000m	3000m	3000m	3000m	2000m

\* **Note:** Midget division relay will only be run at the total discretion of AIR based on the number of entries, race program timing and the recommendation from the referee after consideration of skaters' abilities and safety issues. Clubs are encouraged to enter teams for Midget relay and the entry fee will be fully refunded if the relay is not run or certain team is not included in the relay.

## INDIVIDUAL RACES

- a. A skater may enter only one division for the individual competition.
- b. A skater may race up only one age division from their natural age division, unless:
  - I. The skater wishes to skate in the open or senior division for their gender, **and**
  - II. The skater has reached 14-years of age before the 1<sup>st</sup> of July preceding the competition, **and**
  - III. The skater has achieved 2 of 3 distances in the current or previous season for the Senior division relevant to their gender as per the National Elite Development Program in the AIR's Sports Development Program, as shown in the following table

	500m	1000m	1500m
Senior Men	46.80	1:34.80	2:27.037
Senior Ladies	49.50	1:39.50	2:35.353

- IV. Achieved those times either at the previous and current season's International Competitions, National Championships, State Championships, events (including club racing) that are sanctioned by AIR and AIR's affiliated state members, testing conducted by coaches as per the AIR Sports Development Program, or sanctioned Time Trials as per the AIR National Selection Policy.
  - V. The skater will be able to compete in a relay in their natural age group and/or in a senior/open relay team.
- c. A Masters division skater may race down into the open division for the individual competition however will not be able to compete in the Masters division in the same competition. They may skate in the Masters relay event at the same competition.

## RELAYS

- a. A skater may race in any age divisions for a relay team in which they qualify, but may not race in any more than two age divisions higher than their natural age division.
- b. Names of any skaters who are to be skated up for the Midget relay from Nipper must be submitted at the same time as the entry form for prior approval before the event.
- c. Masters may only skate down into a senior division relay.

Nipper, Midgets and Sub-Junior individual distances will be run for both boys and girls if sufficient numbers are entered. If there are insufficient entries, then both boys and girls will be combined.

Individual events will be run for both Ladies and Men in the Junior, Intermediate and Senior divisions.

In the Junior division, if insufficient entries are received then competitors are automatically moved to the Senior division. The Organising Committee will advise entrants if any of the above alterations are required.

The competitor steward has full discretion of actual divisions run for the competition depending on the entry numbers.

Multiple entries within a division will be accepted.

Clubs must declare the entrants for each team 30 minutes prior to the commencement of relay racing for that division. No changes will be permitted beyond this point except where a team has nominated a reserve that is not a member of any other team.

The 3000m events will consist of A and B finals as per the Senior division.

Depending on final entries for age groups within the Masters division, competitors may be moved up or down by the Organising Committee, whichever is deemed necessary to create a viable division. Competitor points will be awarded for the division entered. Competitors will be notified of any changes prior to commencement of the championship.

If there are insufficient entries in the Ladies Masters division, then competitors will be automatically transferred to the appropriate Men's Masters division.

## **ATHLETES COMMISSION BRIEFING – AUSTRALIAN ATHLETES**

The AIR Athletes Commission will be holding 2 briefings:

Thursday, 29<sup>th</sup> September 2016 – 7.30pm

Thursday, 29<sup>th</sup> September 2016 – 8.30pm

All athletes and parents of athletes under 18 are requested to attend either one of the briefings.

## **SESSION TIMES**

### **TRAINING:**

Wed, 28 <sup>th</sup> September 2016	All Divisions	5.45am to 8am (Please note it is AM)
Thur, 29 <sup>th</sup> September 2016	<i>Midget, Nipper, Sub Jnr.</i> <i>All Other Divisions</i>	6.30pm – 7.15pm 7.30pm – 8.15pm

\$20 entry fee at rink entrance

**Equipment will be inspected on Thur night**

### **RACING:**

#### **Day 1**

Fri, 30 <sup>th</sup> September 2016	<i>Session 1</i>	7.00am – 12.30pm
	<i>Session 2</i>	3.30pm - 7.30pm

#### **Day 2**

Sat, 1 <sup>st</sup> October 2016		7.30am - 1.30pm
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**Note:** Competition times may change depending on the number of skaters entered

## FEES

### TRAINING FEES

All divisions **\$20.00**

***Payable on entry to the session***

### COMPETITION FEES

Nipper, Midget & Sub-Junior: **\$155.00**

All other divisions: **\$185.00**

Relay Teams: **\$145.00**

***Competition fee must be paid (Visa or Mastercard card) via online registration system by 2<sup>nd</sup> September 2016.***

***A late fee of \$50 will be charged for entries submitted between 3<sup>rd</sup> September and 9<sup>th</sup> September.***

## DINNER PRESENTATION AND MERCHANDISE

Details of the Presentation dinner are as follows:

Date: Saturday, 1<sup>st</sup> October 2016

Time: 6pm

Venue: Bankstown Sports Club

Cost: Adult - \$68 (3 courses meal), Children (12 and under, 2 courses meal) - \$25, cash bar

[Click here](#) to purchase your dinner tickets and merchandise by no later than 2<sup>nd</sup> September 2016 if you are not a competitor and are not registering for the competition.

The following items will be made available for purchase via on the online registration system **until Friday, 9<sup>th</sup> September 2016.**

- Presentation dinner tickets
- T-shirts (organic cotton) - \$25, [click here](#) to view sample